

## Training and Development Willesden Episcopal Area



### **Retreat in daily life**

This is an opportunity, over 4 or 5 weeks, for a personal individual journey to deepen your understanding and experience of prayer. You will be put in touch with a prayer guide and expected to commit to a weekly meeting and a daily pattern of prayer (at least half an hour each day) which will form the basis of your discussion with your guide. There will be a shared opening session when you will meet your guide to arrange dates, times and venues of meetings, and a closing session with thanksgiving worship.

**Opening session:** 4 – 5pm Sunday 27<sup>th</sup> February (at St George's, Southall) **or** 1<sup>st</sup> May (at St Stephen's, Ealing)

**Closing session:** 10 – 11am Saturday 2nd April (at St George's, Southall) **or** 28<sup>th</sup> May (at St Stephen's, Ealing)

## ***Applying for courses:***

Cost:	4 week courses	£20
	5 week courses	£25

Please complete the application form and send to:  
Willesden Area Office (***Please note the new address***)  
London Diocesan House,  
36 Causton Street, London SW1P 4AU  
Tel: 020 7932 1275  
Email: [wao@london.anglican.org](mailto:wao@london.anglican.org)

Enquiries to Penny Pedley tel: 020 8578 7997  
Email: [penny.pedley@london.anglican.org](mailto:penny.pedley@london.anglican.org)

**And/Or** Please talk to Anne Whitlam and she will tell you more about it!